Lesson One

1. Why do you think some teenagers today become sexually active?

2. What are the risks for sexually active teenagers?

3. What are some of the negative emotional consequences of premarital sexual activity?

4. What is the most important advice about sex that an adult could give a teen who will listen?

Lesson Two

1. What are some of the most common STDs?

2. Can STDs be cured?

3. How can a person tell if a person has contracted an STD?

4. What is the only way to eliminate the risk of contracting an STD?

Lesson Three

1. What is the "safe" or "safer sex" message?

2. Does a condom eliminate the risk of getting pregnant?

3. Does using a condom eliminate the risk of contracting a sexually transmitted disease?

4. What is the only way to totally eliminate the risk of pregnancy or contracting an STD?

Lesson Four

1. How are today's teens pressured to be sexually active?

2. What does the media say about sex? Why?

3. What advice would you give me about overcoming sexual pressures?

Lesson Five

1. How do you feel about abstinence until marriage?

2. How does deciding to be abstinent improve a person's relationship with the opposite sex?

3. What advice would you give me that will help me keep this pledge?

Lesson Six

1. Is there a difference between love and sex?

2. How do you know when you are really in love?

3. What are good boundaries to set before you start to date?

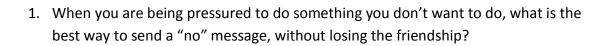4. What advice do you have for me about dating?

Lesson Seven

1. Were you in any situation as a teenager where you were pressured to do something you did not want to do?

2. What helped you stand up for your beliefs and values against the pressure?

3. What advice would you give me to help me stand up for my own convictions?

Lesson Eight

1. When you are being pressured to do something you don't want to do, what is the best way to send a "no" message, without losing the friendship?

2. What advice would you give me to help me follow my own convictions and values?

3. What is the best way for us to continue these discussions in the future?